

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday!! Janet Hertel 2/10 John Richardson 2/12 	1 9am Stretches 10am Monday Morning Massages 1pm How Many Hearts are in the Jar? 2:30 BINGO	2 9am Chair Yoga 10am Will Punxsutawney Phil See his Shadow? 1pm Painting Hedgehogs 2:30 Table Top Bowling <small>Groundhog Day</small>	3 9am Walking for Fun 1pm Alan Seibert The One-Man Band 2:30 Country Cruise	4 9am Breathing Exercises 10am Filling the Bird Feeders for "Feed the Birds Day" 2:30 BINGO <small>Cancer Awareness Day</small> Wear your Shirts	5 9am Chair Restorative Yoga 10am Making Chocolate Spoons 1pm Yahtzee 2:30 Happy Hour Root Beer Floats AKA Brown Cows Wear Red Day	6 8-10am Cinnamon Roll Saturday 1pm Making Sugar Scrub for our Dry Skin 2:30 Table Top Bowling
7 10am Church Services 1pm Making Superbowl Sunday Snacks 3pm Football by the Fire 6:30 Superbowl Wear Your Team Shirt	8 9am Stretches 10am Monday Morning Massages 1pm Let's Make Potato Bread 2:30 BINGO	9 9am Chair Yoga 10pm Making Fruit Pizza 11:30 Fruit pizza and Pizza for Lunch 2:30 Table Top Bowling <small>Pizza Day</small>	10 9am Walking for Fun 10am Making Pie for National Pie Day 1:30pm Having Coffee and Coffin AKA Pie 2:30 Country Cruise	11 9am Breathing Exercises 10-12 Fruit Smoothies in the Courtyard 1pm Make a Friend Day 2:30 BINGO	12 9am Chair Restorative Yoga 10am Facial Friday Spa Day for the Juliet's 1pm Yahtzee 2:30 Happy Hour <small>Chinese New Year (Year of the Ox)</small>	13 8-10am Cinnamon Roll Saturday 10am Cat Trivia 1pm Making Kitty Meow Mix 2:30 Table Top Bowling
14 11am Church Services 1pm Let's Paint 6pm Movie and Popcorn <small>Valentine's Day</small>	15 9am Stretches 10am Monday Morning Massages 1pm Making Lip Balm 2:30 BINGO <small>Presidents' Day</small>	16 9am Chair Yoga 10am Making Cookies 1pm Cookie Bags for our Dispatcher's 2:30 Table Top Bowling <small>Fat Tuesday</small> <small>Mardi Gras</small>	17 9am Walking for Fun 11:30 Beer Flights for Burger and Beer Day 1pm Uno 2:30 Country Cruise <small>Ash Wednesday</small>	18 9am Breathing Exercises 10am Men's Ride Along with Pat 11am Romeo Lunch in the Courtyard 2:30 BINGO and Wine <small>Drink Wine Day</small>	19 9am Chair Restorative Yoga 10am Cracker Jack's What prizes do you remember? 1pm Table Top Bowling 2:30 Happy Hour/ Town Hall	20 8-10am Cinnamon Roll Saturday 11am-2pm Celebrating Mardi Gras
21 10am Church Services 1pm Sticky Buns Day 3:00 Uno or Puzzles	22 9am Stretches 10am Monday Morning Massages 11:30 Cupcakes at Lunch for National Cupcake Day 2:30 BINGO and Margaritas <small>Margarita Day</small>	23 9am Chair Yoga 10am Let's make Healthy Dog Biscuits 1pm Bag up Biscuits for Shelter 2:30 Table Top Bowling	24 9am Walking for Fun 10am Homemade Salsa 1:30pm Chips and Salsa 2:30 Country Cruise <small>Tortilla Chip Day</small>	25 9am Breathing Exercises 10am Making Chocolate Covered Nuts 2:30 BINGO <small>Purim Begins</small>	26 9am Chair Restorative Yoga 10am Grand Canyon Trivia 1pm Yahtzee 2:30 Happy Hour/ Milkshakes <small>Grand Canyon became National park</small>	27 8-10am Cinnamon Roll Saturday 1pm Snow Cones for Polar Bear Day 2:30 Table Top Bowling
28 11am Church Services 1pm Surprise Craft 6pm Movie and Popcorn	 <h2 style="color: red;">February 2021</h2> <p>Pampering Ourselves and Staying Healthy all Month Long!! It's Mardi Gras Month!!</p>					